

Aftercare Instructions: Tattoo Removal

Day of Treatment (Day 1)

Ice: It is vital to apply an ice compress to site on and off for the first hour. Alternate the compress on and off every 1 to 3 minutes as needed. Do not leave ice on the treated area for more than 5 minutes. Natural aloe vera gel may also be applied.

Rest: Limit physical activity on this day. Avoid exercising and any activity that results in perspiring. Avoid hot steamy showers and hard soaps/cleansers.

Elevate: The treated area should be elevated above the heart when possible. This is especially important for tattoos on the lower leg, ankle and feet.

Notes: Please note your treatment site may exhibit different tissue reactions after each treatment. The following signs and symptoms are normal after laser treatment:

- The treatment site appears unchanged or appears brighter.
- The area will appear white, pink or red.
- The treatment site has pinpoint bleeding, blistering or red, yellow or clear discharge and swelling

Day After Treatment (Day 2)

Ice: Continue to apply ice compress as noted above only as needed for burning.

Moisturize: Apply Vaseline or Aquaphor 3-4 times a day for the first 3 days after treatment to promote healing and reduce itching and irritation.

Rest and Elevation: Continue to rest and elevate (especially important for tattoos on the ankle or foot). Limit physical activities such as working out, sports, etc.

Follow-up Treatments

Follow-up treatments are scheduled at least in 3-4 week intervals.